

Adult
Services
Presents

THE BUZZ



141 S. Main Street
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www.thearcofsomerset.org



THE FANTASTIC FOUR

Today, the Fantastic Four created a beautiful piece of art to give to Kim as a memory! Gerry, Jayne, and Charlie all came up with a different piece of advice to put on the canvas and share with Kim as she continues on in her journey to becoming an OT! Every piece of advice given was specific to each person: Charlie told Kim to stay out of trouble and behave while Gerry and Jayne said good luck and that they loved Kim! Next, everyone took turns painting and adding their creative touch to the gift. Charlie and Gerry chose to use blue and red while Jayne chose to mix colors together and make green and purple. The group all made sure to paint on their initials so that every time Kim looks at the artwork, she will think of the amazing group of people! We are so sad to see Kim leave us for the next part of her OT journey, but luckily we have her for one more week!





Crafty Ladies

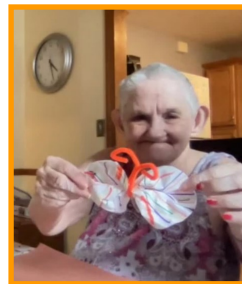
By Tori Fuerst, OTS



Today, Lynda and Angie worked with OT student Tori to design and create their own necklaces and bracelets. Lynda expressed interest in making a special card for OT student Kim because next week will be her last week with everyone. While Lynda worked on her card, Angie selected a green string and threaded sparkly, multicolored beads onto it. She picked out lots of fun colors for her bracelet such as: green, yellow, orange, red, pink, and purple. It was so fun to see Angie show off her beautiful creation as she immediately wanted to put it on. Lynda wrote a beautiful message for Kim with an awesome picture on the other side of the card. She then designed her own necklace by selecting a purple string to match her outfit and identified which beads she wanted to use. We even had a special guest at today's group, Karen stopped by to get in on the fun! Before the end of the group, Lynda had a special request, she wanted to make a bracelet to give to Kim! Lynda is very excited to see Kim next week and gift her with these creations.

By Kimberly Mueller, OTS

Today in "Crafty Ladies," Lynda, Angie, and Tori celebrated my last day with The Arc! They all made me beautiful cards and brought me flowers. It was so thoughtful of them to put everything together for me. We spent time creating coffee filter butterflies together for our final craft. We started by coloring patterns and words onto coffee filters. Next, we folded them accordion style and wrapped a pipe cleaner around it to create antennas. Both Lynda and Angie made their own unique designs and got to hang them up in their rooms. I had so much fun celebrating my last day with this group; I will truly miss everyone at The Arc!



Fun Fashion Fridays

Geometric



Pretty in Pink





The Arc's 50th Anniversary

Did you know?!?!? The Arc of Somerset County is celebrating its 50th anniversary in 2022!! In honor of this very special year, the newsletter will feature a few historic pictures with each issue throughout the year. Enjoy the step back into time as we look forward to this outstanding year of celebration!



JAYNE



MARYLOU

HAPPY BIRTHDAY

August



JILL



BILLY



STEVE



ROLAND



MARYLOU



TOM



ELVINA



STEVE

What's the Buzz?



Welcome Back Robert!!



**JULY
BINGO WINNER
LISA!!!**

**Monday
August 8th**

**Friday
August 19th**

Hybrid Schedule

Monday, August 8th

10:00-10:45: **BINGO with Mary - all welcome**

Meeting ID: 481 232 8925
Password: 12345

11:15-11:45: **Stressbusters**

Meeting ID: 412 415 5729
Password: 794009

1:00-1:30: **Yoga with Jane**

Meeting ID: 412 415 5729
Password: 794009

Tuesday, August 9th

1:00-1:30: **Music for Hope & Inspiration**
At Jill Court & Virtual:

Bernards Ensemble

Meeting ID: 481 232 8925
Password: 12345

3:00-3:30: **Shooting the Breeze with Friends**

Meeting ID: 481 232 8925
Password: 12345

Wednesday, August 10th

NO CLASSES

Thursday, August 11th

1:00-1:30: **Music for Hope & Inspiration**
At Jill Court & Virtual:

Tommy Strazza

Meeting ID: 481 232 8925
Password: 12345

Friday, August 12th

10:00-10:45: **Bingo with Mary**

Meeting ID: 481 232 8925
Password: 12345

Monday, August 15th

10:00-10:45: **BINGO with Mary - all welcome**

Meeting ID: 481 232 8925
Password: 12345

11:15-11:45: **Stressbusters**

Meeting ID: 412 415 5729
Password: 794009

1:00-1:30: **Yoga with Jane**

Meeting ID: 412 415 5729
Password: 794009

Tuesday, August 16th

1:00-1:30: **Music for Hope & Inspiration**

At Jill Court & Virtual: Justin Brown

Meeting ID: 481 232 8925
Password: 12345

3:00-3:30: **Shooting the Breeze with Friends**

Meeting ID: 481 232 8925
Password: 12345

Wednesday, August 17th

NO CLASSES

Thursday, August 18th

NO CLASSES

Friday, August 19th

10:00-10:45: **Bingo with Mary**

Meeting ID: 481 232 8925
Password: 12345



Adventures in Reading

By Mary Scibelli



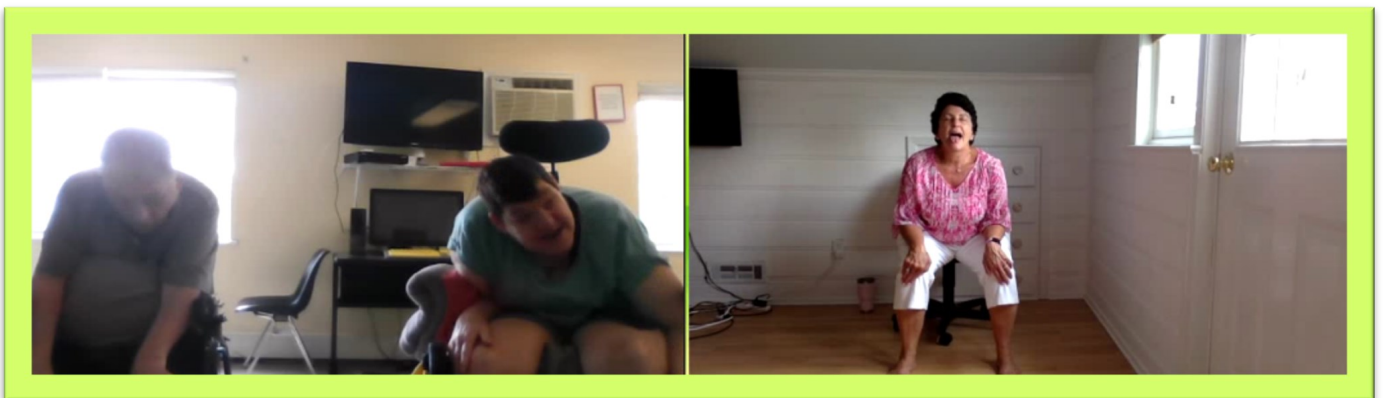
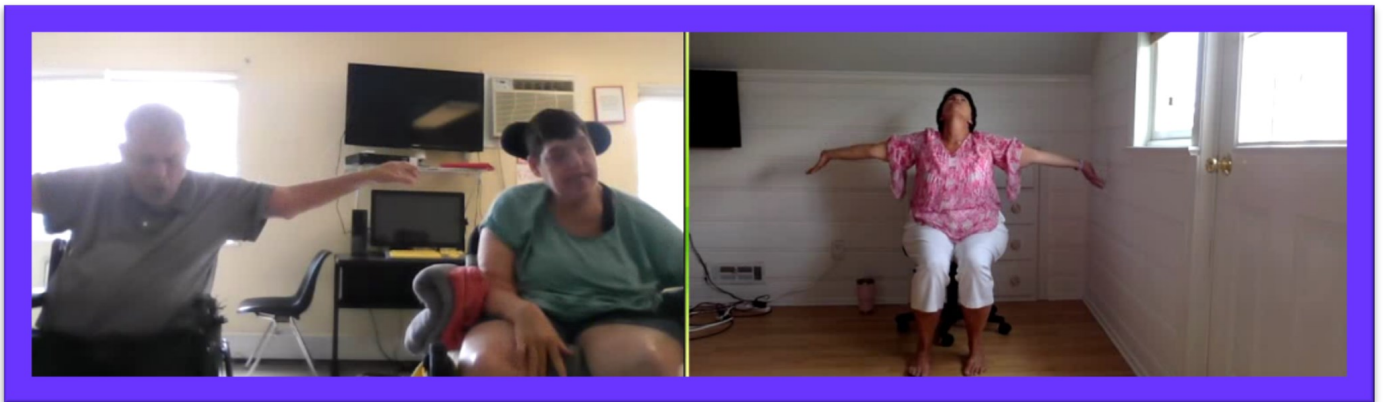
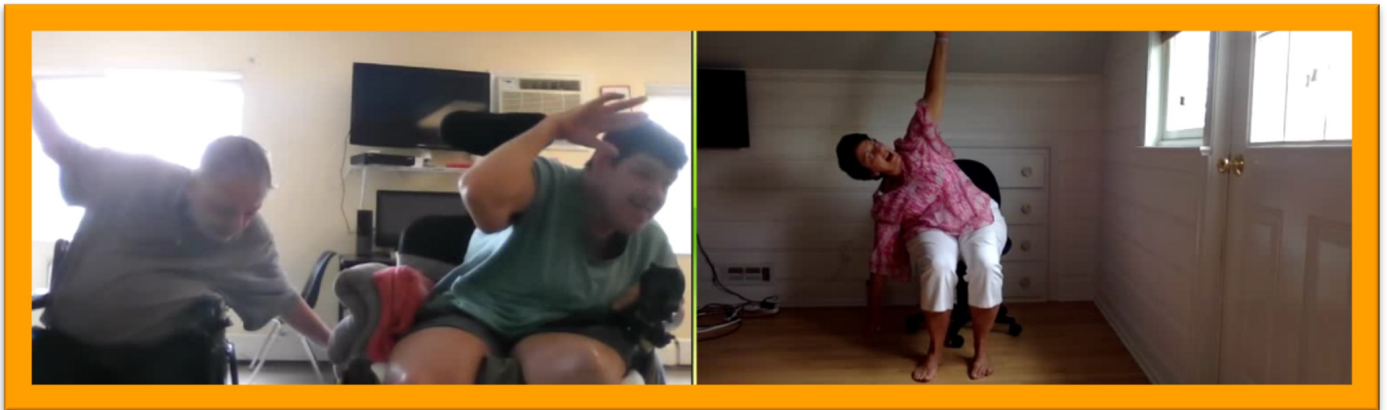
Reading allows us to go anywhere and learn about anything. As we were waiting for a thunderstorm to break up the heat wave we have been having, we read about what causes thunderstorms. Steve V helped us read some of the longer words like electricity. We talked about how lightning is a form of electricity just like what powers the things in our homes like lights and the refrigerator. Cookie said that thunderstorms happen more often in the summer and that is correct. Humidity in the air is one of the things that can cause a thunderstorm. Barbara P presented a reading to the group about what happens when a volcano erupts. We all agreed that such an explosion would be very loud. After reading about volcanoes and thunderstorms, everyone was asked if there is something they were interested in that they wanted to learn about. Charles said that he wanted to read about space and the universe. We read about the sun, planets, asteroids, comets and other things. Charles asked what the difference between a comet and an asteroid. A comet is made out of ice. An asteroid is made out of rock. He remembered that the moon doesn't produce its own light like the sun does, so he asked how the astronauts who landed on the moon could see what they were doing. The astronauts wear white spacesuits, so the light that is there reflects off of their space suits and makes them easier to see in the dark. Asking questions like these is a sign of a healthy mind. Reading, learning and asking questions is a great way to keep our minds active. Having an active mind is a great way to keep your memory strong.



**BINGO With
Mary!**

Mondays
at
1PM

Yoga with Jane





SAVE THE DATE

Becca's Friends of St. Joseph's Presents:



Come join us all in person under the stars!

September 9th, 2022

6 to 8 pm

At St. Joseph's out door tent

34 Yorktown Road,

Hillsborough, NJ 08844

Want to be in the talent show?

Please contact Karen Kowalski:

karenk@thearcofsomerset.org

By August 12th, 2022



Tuesdays
at
3:00PM

Shooting the Breeze with Friends

By Kimberly Mueller, OTS

Today in “Shooting the Breeze,” Cliff, Damandeeep, and myself played a summer board game. We took turns guessing the answers to 21 different summer trivia questions. We learned that the summer solstice is the longest day of the year, and the sunshine lasts for 16 hours! We learned that the state that invented ice cream sandwiches was New York and that the most popular flavor of ice cream in the U.S. is chocolate! All three of us were shocked to learn that there are over 1,000 varieties of watermelon! Some of them include: Pixie, Jubilee, and Millionaire. We all guessed correctly that independence day is celebrated on July 4th. Damandeeep guessed correctly that the tallest bonfire ever made was 155 feet. We had so much fun together during my last day with this group!



Tuesdays
at
1PM

Music for Hope & Inspiration

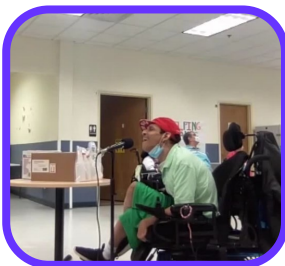
By Tori Fuerst, OTS

Today, the Coffee House Project came and played some beautiful music for everyone over at Jill Court. Scott did an excellent job playing the guitar for everyone at the beginning of the group. Next, "Giddy Up 409" by the Beach Boys was played and the group warmed up with some dancing! "Hot Hot Hot" was the next song played and it seemed to really get everyone up and dancing or dancing in their seats. Frances, Kamala, Amy, Mary Lou, and Alex all hopped into a conga line and danced around the room. "Hot Fun in the Summertime" was the next hit played and Wills zoomed around to the beat. "O-o-h Child", "Smiling Faces Sometimes", as well as a popular disco hit- "Baby My Heart is Full of Love and Desire For You" were also played. Additional songs that everyone enjoyed included: "Could it be I'm falling in love", "Can't Touch This", "Super Freak", and many other awesome hits. Cliff sang "We Are Family" which was amazing and in celebration of Alex's birthday yesterday, the group all sang him happy birthday!



Today at Jill Court, OT student Tori led an awesome Karaoke program! Everyone showed off their amazing singing skills by coming up to the microphone and singing along to a favorite song! Dan, Diana, Amy, Doreen, Mary, Kamala, Steve, and Alex all did a beautiful job performing and we really hope to see them perform again in the talent show! We even had a fun surprise performance by Adam! He really surprised us with his skills! At the end of the group, everyone came back up and sang 'We are the world'. It was so fun to see everyone cheer on their friends as well as sing along to the various songs being sung.

Thank you Tori for making each day we see you so special. Good luck with your OT adventures!!!



A X S Q T
 A W I A R
 E G O I O
 R Z A R H A P
 Y W H F D Q J
 L P C O A S E

Word Search

Fruits

D G B A P R I C O T E O Z I K G M H
 F R N L O F P L U M T D C W S I G B
 G A R E U R C U C U M B E R T S W P
 W P X Q C E A R A S P B E R R Y G I
 I E P P H T B N C H E R R Y A P M N
 A F K E W C A E G Q S F G E W E A E
 P R I A A L I R R E Q N R E B L N A
 P U N R V C T T I R N M A T E I G P
 L I H B M A H I R N I E P F R M O P
 E T L E M O N E M U E E E A R E J L
 S O B A N A N A S O S W S V Y P L E
 S T C E B S H T A N G E R I N E O U

Find the following words in the puzzle.
 Words are hidden → ↓ and ↘ .


APPLES
 APRICOT
 BANANA
 BLUEBERRIES
 CHERRY
 CITRUS
 CUCUMBER
 GRAPEFRUIT

GRAPES
 KIWI
 LEMON
 LIME
 MANGO
 NECTARINE
 ORANGE
 PEACHES

PEAR
 PINEAPPLE
 PLUM
 RASPBERRY
 STRAWBERRY
 TANGERINE



A X S Q T
 A W I A R
 E G O I O
 R Z A R H A P
 Y W H F D Q J
 L P C O A S E



Large Word Search

I	L	I	M	T	P	P	V	K	B	C	G
E	E	O	G	A	B	E	P	W	U	H	R
B	M	R	R	P	X	A	D	I	S	E	A
W	O	A	S	P	N	C	Z	K	S	R	P
Q	N	N	T	L	U	H	X	E	M	R	E
N	A	G	V	E	O	E	V	H	H	Y	S
P	Q	E	P	S	W	S	P	E	A	R	T
Q	P	B	A	N	A	N	A	T	P	T	N

Apples
Banana
Cherry
Grapes

Lemon
Orange
Peaches
Pear



Craftsman Corner



Every month Karl our Preventative Maintenance Technician visits all of The Arc of Somerset County group homes, day habilitation centers, apartments and offices. He is there to ensure the buildings, staff and people we serve are safe & secure. Karl is diligent with his routine checks utilizing his Preventative Maintenance Inspection checklist to discover developing issues before turning into emergencies. Some of the items Karl checks, but is not limited to be: Heating & air conditioning systems, smoke and carbon monoxide alarms, windows, doors, roofs, driveways, lights, bathrooms, appliances and more! His preventative maintenance checklist consists of a 45+ point multi-inspection that over the years has drastically reduced the frequency of emergency issues. If Karl has any free time after completing his inspections he chips in with completing Property Work Order Requests. If you see Karl at your program say hello!



Creative Dramatics

By Tori Fuerst, OTS

Today at Jill Court, Ellen worked with the group on the art of dialogue! Taking a simple idea such as food and engaging in a spoken conversational exchange between two people or the entire group. Frank and Billy talked about the beach and fire rescue teams, while Diana and Latricia spoke about breakfast and dessert. The group also took turns using props and creating their own dialogue about baking cakes. Next, half of the group chose to get dressed up in costumes and become kings, queens, pirates, and princesses. While the other half of the group worked on creating beautiful backdrops for the performance coming up in two weeks. They added some beautiful images of leaves, butterflies, and flowers while also adding vibrant colors to palm trees and a river. Everyone had a great time and cannot wait till Ellen returns!

