

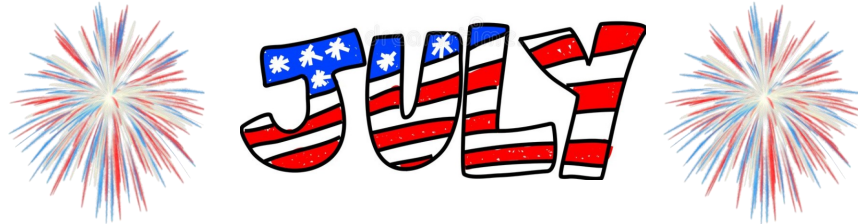
Adult
Services
Presents

THE BUZZ



The Arc
of Somerset County

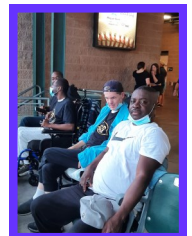
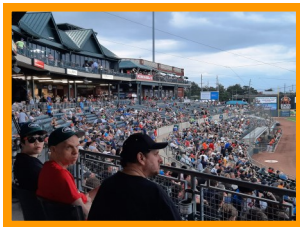
141 S. Main Street
Manville NJ 08835
www.thearcofsomerset.org



Somerset Patriots Game Night



Game night at Somerset Patriots was awesome Friday July 8th!
Special thanks to everyone who came out for a great winning
night of baseball and fireworks!

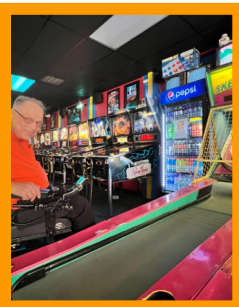


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Fantastic 4

By Tori Fuerst, OTS

This week in “Fantastic Four,” Gerry, Charlie, Jayne, and Steve took a day trip to downtown Somerville! First, they explored Division Street, which had shops, an arcade, and a bakery. Next, they explored Main Street, where they stopped at The Hungry Hound to visit Charlie’s friend Penny. They had so much fun looking at the custom dog treats and fun pet toys, while hanging out with Penny. Next, everyone took a trip to the arcade, Yestercades. Steve had a great time at the arcade, he played ski ball, pinball, and even a round of pool. Steve really showed off his skills while playing skee ball and scored 180,000 points! He said he is ready to turn the commons into an arcade and hopes to return to the arcade in the future. While Steve played games at Yestercades, the rest of the group visited a Jewelry/Crystal store. Gerry found earrings that match her birthstone color and a crystal Mickey Mouse statue that she wants to come back to purchase! After this, the group all ordered pizza and drinks to go to enjoy at home after this trip. The group had such a fun and relaxing day in Somerville!

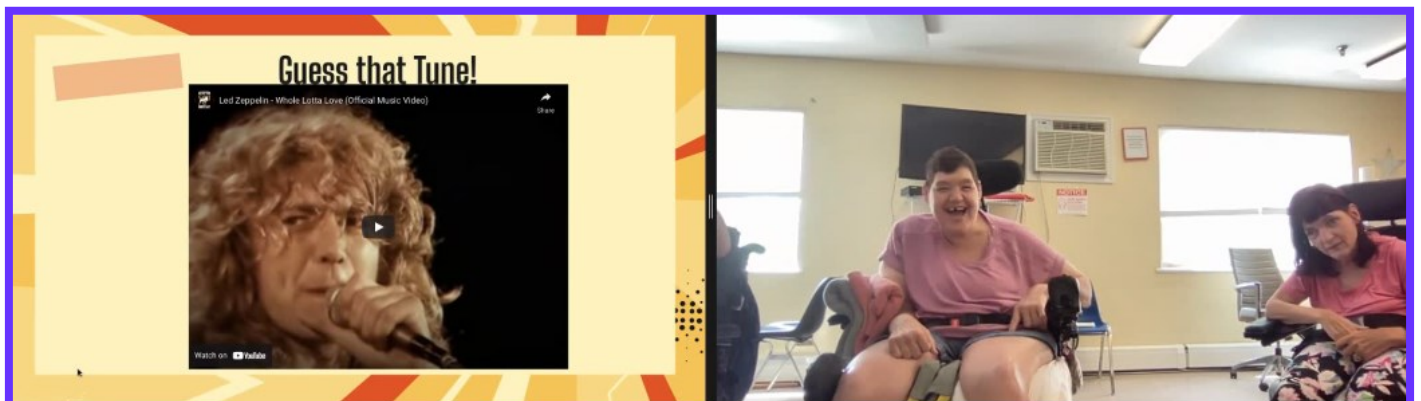




Fantastic 4

By Tori Fuerst, OTS

Charlie, Jayne, and Gerry put their music knowledge to the test this week with a music trivia game. Everyone began the game by listening to sound clips of popular songs from past decades, then took turns guessing each song's name. Before we could even present the different choices, the group quickly identified the correct song titles! Gerry really showed off her music knowledge and was ready to call out the answer within the first 10 seconds of hearing the song. With each new song played, the group had a new story to tell about the song or the artist singing the song. We learned that Gerry loves Led Zeppelin, Charlie is a country fan, and Jayne is a fan of all genres of music. This was such a fun game to play with the Fantastic Four and we are looking forward to next week's group!

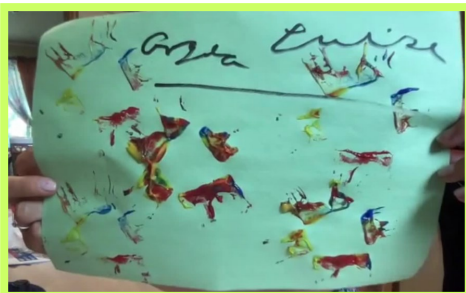




Crafty Ladies

By Kimberly Mueller, OTS

This week in “Crafty Ladies,” Lynda and Angie created firework paintings for the Fourth of July. First, they each picked out a piece of colored construction paper for their background. Next, they cut along small lines around a paper towel roll and then bent each piece to create a firework design. Next, they selected different colors to paint with, such as red, blue, and yellow. Next, they dipped their paper towel roll into the paint and created fireworks on their paper! While their paintings were drying, Angie painted her nails. Angie has so many fun nail polish colors and enjoys creating patterns on her nails. She chose different shades of pink, purple, and green. We had so much fun creating their projects this week!





Crafty Ladies

By Kimberly Mueller, OTS

Today in “Crafty Ladies,” Lynda worked with the OT students to create her own collage! She looked through pages in a magazine and found pictures of things that she likes. Once she found something she wanted to add to her collage, she took the page out of the magazine and cut around it. Some items that Lynda cut out included: a dog, a cat, gardening tools, a winter village, and chicken nuggets! She chose green and blue paper to glue her pictures onto. Angie wasn’t able to join us, so we created a collage for her as well with some things that she loves: a Beagle, flowers, a winter snowman, and a big smiley face! We had a great time finding pictures of our favorite things and working together to create a fun craft.





Creative Dramatics

By Tori Fuerst, OTS

Last week during the visual arts performance group, we acted out Anasazi and the Moss Covered Rock and had a great time! This week, Ellen Parker came back and everyone at Jill Court got to perform a brand new story called The Story of Wali Dad. This story was set in India and had merchants, princes, and princesses, and shows the importance of kindness and generosity. It was so fun to see our friends put on different costumes and perform the story for the rest of the group. Cliff, Kamala, Mary Lou, Alex, Donna, Barbara P., Diana, Jeffery, Frances, and Laurie were all excellent actors and actresses! Everyone did an excellent job and we cannot wait to see what the story will be next week!





Creative Dramatics

By Tori Fuerst, OTS

This week during the visual arts program, Ellen returned to tell the story of Sam and the Tigers! The group this week not only consisted of the crew from Jill Court, but we were lucky to have some friends from Camplain Road come and join in on the fun! This was a wonderful story about a young boy named Sam who outwits a group of hungry tigers. Frances, Barbara P., Anthony, Angela, Laurie, Alex, Donna, Diana, and many others did an excellent job performing in the retelling of this story. It was awesome to see everyone put on their costumes and use the different props, it really brought the story to life. Without spoiling the end of the story, Ellen surprised everyone with a yummy surprise to enjoy after finishing up the show! We cannot wait to see what the story will be next week!



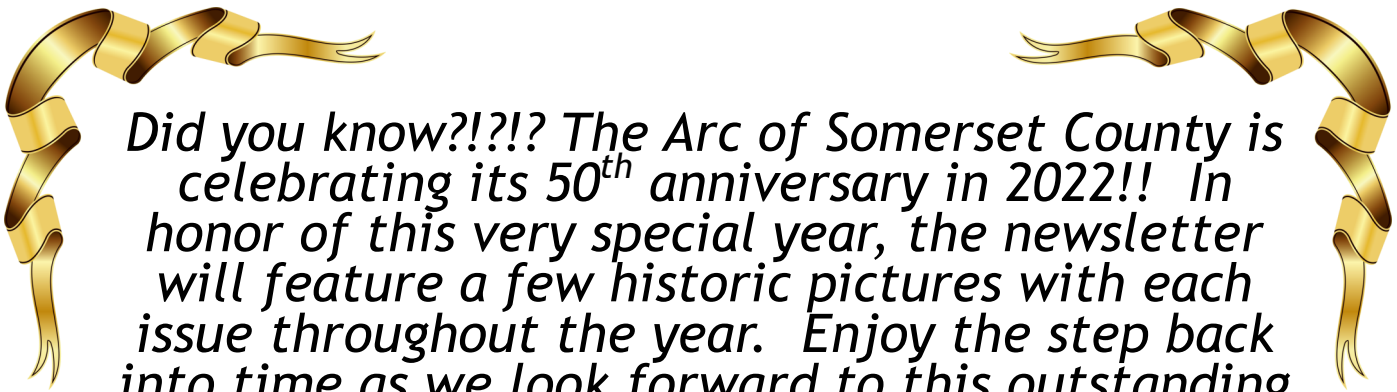
Fun Fashion Fridays

Tee Shirt and Jeans Comfy





The Arc's 50th Anniversary



Did you know?!?!? The Arc of Somerset County is celebrating its 50th anniversary in 2022!! In honor of this very special year, the newsletter will feature a few historic pictures with each issue throughout the year. Enjoy the step back into time as we look forward to this outstanding year of celebration!



JOE



GERRY



HAPPY BIRTHDAY

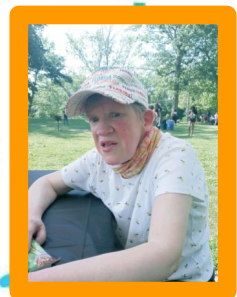
July



JAYNE



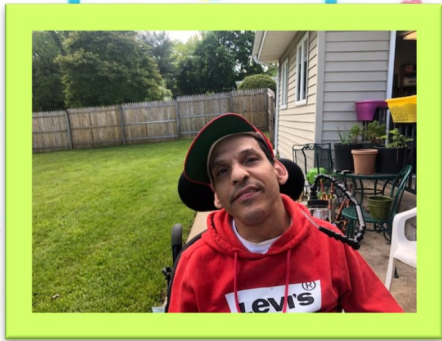
FRANCES



LORI



WILLIAM



ALEX

What's the Buzz



Steve made a mean steak in his air fryer.



Damandee playing golf.



Swim and ice cream bunch.



Charlie makes a birdhouse for his sweetheart, Cookie!

**Monday
July 25th**

**Friday
August 5th**

Hybrid Schedule

Monday, July 25th

10:00-10:45: **BINGO with Mary** - *all welcome*

Meeting ID: 481 232 8925
Password: 12345

11:15-11:45: **Stressbusters**

Meeting ID: 412 415 5729
Password: 794009

1:00-1:30: **Yoga with Jane**

Meeting ID: 412 415 5729
Password: 794009

Tuesday, July 26th

1:00-1:30: **Music for Hope & Inspiration**
At Jill Court & Virtual:
Coffeehouse Project

Meeting ID: 481 232 8925
Password: 12345

3:00-3:30: **Shooting the Breeze with Friends**

Meeting ID: 481 232 8925
Password: 12345

Wednesday, July 27th

NO CLASSES

Thursday, July 28th

NO CLASSES

Friday, July 29th

10:00-10:45: **Bingo with Mary**

Meeting ID: 481 232 8925
Password: 12345

Monday, August 1st

10:00-10:45: **BINGO with Mary** - *all welcome*

Meeting ID: 481 232 8925
Password: 12345

11:15-11:45: **Stressbusters**

Meeting ID: 412 415 5729
Password: 794009

1:00-1:30: **Yoga with Jane**

Meeting ID: 412 415 5729
Password: 794009

Tuesday, August 2nd

1:00-1:30: **Music for Hope & Inspiration**
At Jill Court & Virtual: Karaoke

Meeting ID: 481 232 8925
Password: 12345

3:00-3:30: **Shooting the Breeze with Friends**

Meeting ID: 481 232 8925
Password: 12345

Wednesday, August 3rd

NO CLASSES

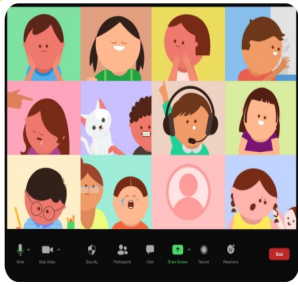
Thursday, August 4th

NO CLASSES

Friday, August 6th

10:00-10:45: **Bingo with Mary**

Meeting ID: 481 232 8925
Password: 12345



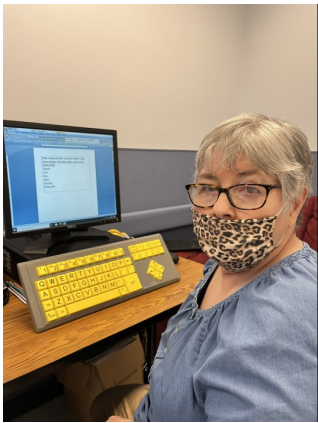
Hybrid Programming

The Arc of Somerset County is thrilled to be able to offer a wide array of hybrid programming for individuals within residences *and* for those whom are served through our day habilitation programs. All individuals are welcome to attend any and all groups in order to catch up with friends and participate in fun and interactive activities. Please refer to the this months hybrid calendar and feel free to contact Director of Adult Services, Karen Z. Kowalski, with any questions at: karenk@thearcofsomerset.org

- **Bingo:** Enjoy time with friends while playing “Bingo” with Mary Scibelli in this very popular group! Any new individuals interested in joining this group, please contact Karen Kowalski to coordinate so that you can receive bingo cards
- **Yoga with Jane:** Enjoy a relaxing start to the week with Jane and friends with yoga. Yoga poses can be done seated or in standing based upon ability level.
- **“Music for Hope and Inspiration”:** Join musicians and those whom just enjoy music for this varied music programs featuring guest musicians on a variety of instruments such as guitar, piano, voice, harmonica, accordion. Participants are encouraged to sing, clap, dance to the music or just smile, make comments and enjoy a good musical time with friends!
- **“Self-Advocacy Group”:** Join Suman and the Self-Advocacy Group to learn about current issues and events surrounding self-advocacy. Please contact Karen Kowalski for more information if interested.
- **“Shooting the Breeze with Friends”:** Spend time catching up with friends whom are both virtual and in-person so that we can keep up our community connections on a variety of topics that are important to us and just to say ‘hi
- **“Stressbusters” Open Discussion—**Share your experiences with stress and/or anxiety. Discuss coping skills and how to use them.

Jill Court Computer Class

By Mary Scibelli



Everyone has been busy during computer class! Everyone is working on different activities. Barbara P. has been asking for harder formatting activities. She has been using cut and paste to sort summer related words into alphabetical order. In the last activity she did, all of the words started with the letter S, but she wasn't fooled! Kathy F. has been enjoying typing names of spelling and typing names of actresses she likes including Eva Gardner and Lucy Ball.

Cliff P, Latricher and Alex have been working on letter matching and typing activities. Diana and Steve have been busy thinking of words that fit into different categories including favorite foods. Mary S has also been working on her typing skills. She did spelling and typing activity where she had to think of types of animals. She spelled and typed the words cat, pig, dog and goose. After she was done, she said she was very proud of herself. Great job everyone!



**BINGO With
Mary!**



This Week in Literacy

By Mary Scibelli



One of the poems we read was called “Rain in Summer.” We talked about how hot it can get in the summer and why rainstorms in the summer are good so that the temperature will cool down. Mary talked about how vegetables need water to grow, and Donna talked about how flowers in a garden need water to grow. We also made the sound of raindrops hitting the window by tapping our feet against the ground. We also took turns reading riddles. One of the riddles was “We hear wishes, but we have no ears. We shine in the dark without any fears.” Cookie said the answer is a star! Barbara P read the next riddle about a “horse that swims” and Diana came up with the answer. A seahorse!

Mondays
at
1PM

Yoga with Jane





SAVE THE DATE

Becca's Friends of St. Joseph's Presents:



Come join us all in person under the stars!

September 9th, 2022

6 to 8 pm

At St. Joseph's out door tent

34 Yorktown Road,

Hillsborough, NJ 08844

Want to be in the talent show?

Please contact Karen Kowalski:

karenk@thearcofsomerset.org

By August 12th, 2022

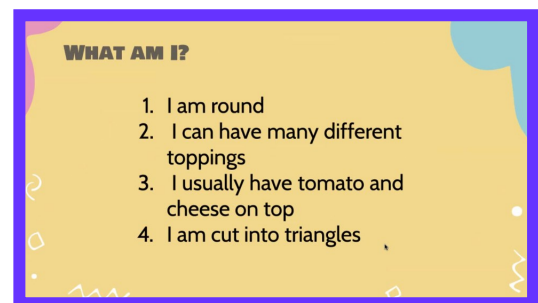


Tuesdays
at
3:00PM

Shooting the Breeze with Friends

By Kimberly Mueller, OTS

This week in “Shooting the Breeze,” Damandeep played “Guess that Food” with the OT students and Cliff. This game featured 10 different hidden foods with up to 5 clues for each food. The first food clues were: 1. I am round 2. I can have many different toppings 3. I usually have tomato and cheese on top 4. I am cut into triangles. The correct answer was pizza! Another set of clues were given for a fruit: 1. I have seeds on the outside 2. I am eaten mostly in the summer 3. I am soft and red 4. I am sweet. Damandeep first thought this could be watermelon. When given the clue of “this fruit is usually dipped in chocolate”, he was able to guess the correct answer: strawberries! The last fun food we guessed had these clues: 1. I am made out of beans 2. I can be hot or iced 3. I can be served plain or with flavors 4. I can be sweet or bitter 5. I’m usually enjoyed in the morning. The correct answer was: coffee! We had so much fun talking about our favorite foods and snacks!

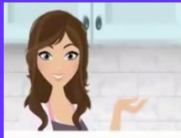


Tuesdays
at
3:00PM

Shooting the Breeze with Friends

By Kimberly Mueller, OTS

Today in “Shooting the Breeze,” Damandeep and the OT students played a sequencing recipe game. First, we started with a vanilla cake recipe. We organized the steps for preparing a baking dish and preheating the oven. Next, we sequenced the steps for mixing the dry ingredients and adding in the wet ingredients, such as eggs and milk. Lastly, we sequenced pouring the mixture into the pan and baking it in the oven. The next recipe we sequenced is grilled cheese. We began by sequencing the bread onto a plate with butter on both sides, adding slices of cheese, and cooking the sandwich in a pan until golden brown. We missed having Bobby and Matt; We are looking forward to another fun group next week!



Megan is preparing a delicious treat! She has decided to make a vanilla cake for dessert! The recipe says:

1. Gather ingredients
2. Preheat the oven to 350 Degrees
3. Butter two 9-inch round cake pans
4. Line the bottoms with parchment paper
5. Butter the parchment paper
6. Dust the pans with flour and tap out the excess
7. Whisk together the cake flour, salt, baking powder then set aside.
8. Use a handheld mixer to beat together the butter sugar on high speed until it becomes smooth and creamy.
9. Beat in the three eggs, and the vanilla extract on high speed until all is combined.
10. Add the dry ingredients with the mixer on low speed as you do.
11. With the mixer still running, add in the buttermilk.
12. Continue with a whisk as needed until there are no lumps
13. Pour the batter divided amongst the two cake pans.
14. Place the cakes in the oven
15. Bake them for 23-26 minutes
16. Remove the cakes from the oven, and allow them to completely cool, before frosting.

Ingredients Needed:

- 3 and 2/3 cups of cake flour
- 1 Cup sugar
- 1 tsp salt
- 2 tsp baking powder
- 1 and 1/2 cups unsalted butter softened to room temperature.
- 3 large eggs
- 1 Tbsp of pure vanilla extract
- 1 and 1/2 cups of buttermilk at room temp.



Tuesdays
at
1PM

Music for Hope & Inspiration

By Tori Fuerst, OTS

This week, everyone at Camplain Road had a great time singing and dancing with Tommy! Tommy performed a variety of fan favorites such as “I Got Sunshine”, “Stand By Me”, “Free Falling”, “Can’t Help Falling In Love”, “Crazy Little Thing Called Love”, and many, many others. Lisa, Anthony, Michelle, Cheryl, Matthew, Michael, and Angela all joined in on the fun by playing instruments such as maracas, tambourines, and bells. It was so fun to see everyone get up and dance along to the music. We always have such a great time when Tommy comes for a visit and we are so excited to see what songs he will play next time!

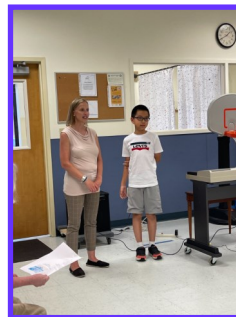


Tuesdays
at
1PM

Music for Hope & Inspiration

By Kimberly Mueller, OTS

Today in “Music for Hope and Inspiration,” we had two special guests, Austin and Dylan for their “Hot Fun in the Summertime Piano concert”! Their concert began with Austin introducing himself and Dylan. Austin played wonderful songs on that piano that featured different tempos. This included “Morning Prayer” by Tchaikovsky, “Wild Mignonette” by Gurlitt, and “Interlude” by Mier. Next, Scott played “My Girl” on the piano after Austin played all four of his songs. Dylan then played 6 songs on the piano. We had fun guessing the titles of the songs- Mary Lou correctly guessed the song “Sonatina in G Major” by Attwood, Francis guessed “Funny Puppy” by Gaudet, and Joe guessed “Song of Twilight” by Nakada. We learned that Austin plays the piano, violin and guitar, and Dylan plays the piano and cello. We had a great time hearing all of the songs played by both Austin and Dylan on the piano and truly enjoyed their Summertime Piano Concert!



A	X	S	Q	T
A	W	I	A	R
E	G	O		I
R	Z	A	R	H
Y	W	H	F	D
L	P	C	O	A



Word Search



Beach Words



A	W	O	G	V	U	I	X	R	T	A	N	N	I	N	G	O	H	E	N
X	W	Z	R	S	O	F	T	F	K	W	U	E	H	B	W	R	C	M	N
F	L	C	Q	U	I	P	E	S	I	A	D	I	V	U	M	S	X	D	X
I	K	T	J	A	X	G	B	S	A	M	M	O	Z	Q	F	K	E	O	H
M	C	A	M	P	X	V	M	K	X	O	W	I	C	W	X	I	S	F	B
C	W	D	J	D	R	A	Y	M	K	Z	C	T	J	K	B	N	G	I	S
M	L	L	X	L	E	T	S	H	E	L	L	S	O	T	P	S	W	E	P
Q	A	B	F	R	L	P	T	O	R	G	J	N	A	W	K	A	V	T	F
H	F	F	C	B	P	A	S	C	J	C	V	Z	R	J	E	A	U	C	S
U	Z	E	T	Q	O	A	B	U	A	B	Y	E	V	A	W	L	H	X	L
Q	C	Z	X	B	D	Y	X	Y	N	L	S	D	N	V	K	J	H	A	D
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B	S	G	L	B	Z	D	E	R	B	L	A	C	V	S	U	H	W	I	D
N	W	P	A	I	L	O	A	A	M	H	F	P	N	I	E	J	Y	E	P
M	W	C	G	N	I	M	M	I	W	S	D	P	R	W	V	S	F	L	T
J	V	X	M	K	U	W	B	B	G	I	Y	Z	F	Y	Z	J	A	B	H
O	B	Z	V	R	Q	B	J	T	G	N	I	F	R	U	S	B	Z	P	Z

- | | | |
|----------|------------|------------|
| Sand | Picnic | Ice Cream |
| Swimming | Towel | Volleyball |
| Pail | Sunglasses | Dock |
| Waves | Tanning | Shells |
| Surfing | Coast | Sailboat |

A X S Q T
 A W I A R
 E G O I O
 R Z A R H A P
 Y W H F D Q J
 L P C O A S E



Large Word Search

J	K	S	Q	N	C	W	P	S	S	P	P
A	T	H	O	A	V	S	A	A	H	H	N
T	S	D	O	R	U	T	I	N	E	T	A
T	A	N	N	I	N	G	L	D	L	O	G
U	N	M	U	P	P	H	Q	A	L	W	L
O	D	M	L	B	O	A	T	L	M	E	S
V	X	W	S	W	A	V	E	S	B	L	G
S	E	Y	M	L	V	V	Z	P	E	R	A

Boat

Shell

Pail

Tanning

Sand

Towel

Sandals

Waves